

# JAI MEDICAL SYSTEMS

## Spring HealthBeat

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#### Health Education Class Schedule

March 4

**Smoking Cessation**  
10:00am – 11:15pm  
**Weight Management**  
11:30am – 12:30pm

March 11

**Weight Management**  
10am – 11:15am  
**Hypertension**  
11:30am – 12:30pm

March 25

**Weight Management**  
10am – 11:15am  
**Diabetes**  
11:30am – 12:30pm

#### Newsletter Attachments:

*\*Preventative Care for Adults*

*\*Wellness for Children*

*\*Fraud and Abuse Memo*

*\*Notice of Privacy Practices*

### CAHPS Survey

As a member of Jai Medical Systems, it is important to complete the CAHPS Survey. In mid-February, you may have received a national survey in the mail called the Consumer Assessment of HealthCare Providers and Systems (CAHPS) survey. This is your opportunity to tell us how you feel about the medical care and services that you are receiving as a member of Jai Medical Systems. If you have any questions or concerns that you would like immediately addressed, please contact our Customer Service Department at 1-888-JAI-1999 so that they may assist you right away.

### Health Insurance Renewal Assistance

Renewing your Health Insurance benefits doesn't have to be difficult. Schedule an appointment today to meet with a Certified Application Counselor, who will assist you with re-applying for your health insurance benefits. Certified Application Counselors are available Monday through Friday, 9am to 6pm, at the following participating medical centers:

#### Jai Medical Center

1235 East Monument Street  
Baltimore, MD 21202

#### Jai Medical Center

4340 Park Heights Avenue  
Baltimore, MD 21215

#### Jai Medical Center

5010 York Road  
Baltimore, MD 21212

#### Jai Medical Center

301 International Circle  
Suite 100  
Hunt Valley, MD 21230

#### Jai Medical Center

2425 Eutaw Place  
Baltimore MD 21217

For more information about re-applying for your health insurance benefits, please contact our Customer Service Department today at 1-888-JAI-1999.

### Healthy Rewards

Jai Medical Systems, the highest rated Managed Care Organization in the State of Maryland, is happy to announce that **Healthy Rewards 2017** is here! To earn your reward this year, you must visit your Primary Care Provider (PCP) for your annual physical. After you have received your physical, please check your mail. You will receive a **Healthy Rewards Redemption Certificate**. You will need to complete this certificate in order to redeem your reward. Please see your PCP as soon as possible. Healthy Reward quantities are limited, so schedule your PCP visit today before rewards run out!\*

If you have questions about the **Healthy Rewards** program or need to schedule an appointment with your PCP, please call our Customer Service Department today at 1-888-JAI-1999 for assistance.

\*Jai Medical Systems Managed Care Organization, Inc. reserves the right to eliminate or reduce incentives/rewards and/or modify or cancel the Healthy Rewards Program at any time without notice. Rewards are not convertible to cash. Limitations and exclusions apply. Offer valid while supplies last. Eligibility to receive a reward is contingent on Jai Medical Systems Managed Care Organization, Inc.'s receipt of confirmation from your PCP that you had your annual visit in 2017.

## New Urgent Care

### Providers

We are excited to announce that **Express Care** and the **University of Maryland Urgent Care** have joined the Jai Medical Systems' provider network, effective January 1, 2017. Members can now visit **Express Care** and **University of Maryland Urgent Care** locations for their urgent care needs.

For more information regarding **Express Care** services and locations, please visit their website:

[www.whywaitintheer.com](http://www.whywaitintheer.com).

For more information regarding **University of Maryland Urgent Care** services and locations, please visit their website:

[umms.org/services/urgent-and-immediate-care](http://umms.org/services/urgent-and-immediate-care).

## Healthcare Tax Information



If anyone in your household was enrolled in Medicaid or the Maryland Children's Health Program (MCHP) through the Maryland Health Connection in 2016, you should have received tax Form 1095-B from the State of Maryland. This form is proof that you or members of your household met the *Affordable Care Act* requirement for health coverage for the 2016 tax year. Please review Form 1095-B to be sure that the information is correct, and then save the form with your other important tax documents.

For more information on Form 1095-B, please visit the Maryland Health Connection website at [www.marylandhealthconnection.gov](http://www.marylandhealthconnection.gov).

## Diabetes Management

Controlling your diabetes now will help to prevent future complications. That is why it is crucial for you to take control of your health by eating a balanced diet, taking your medication as prescribed by your doctor, and exercising regularly. In addition, *you should also receive a Diabetic Eye Exam and a Hemoglobin A1c (HbA1c) Test annually*. Be sure to ask your primary care provider if you are due for one of these important diabetic screenings.

## Member Portal Online

As a member of Jai Medical Systems, you are able to sign up for our Member Portal to gain access to exclusive content only available for our members. For more information, please call our Customer Service Department at 1-888-JAI-1999 Monday through Friday, 9 am to 6 pm. To visit our member portal, visit our website today at [www.jaimedicalsystems.com](http://www.jaimedicalsystems.com).

Look on our website for additional information about our:		
	Member Portal	General Website
Member Rights and Responsibilities		★
Notice of Privacy Practices		★
Fraud and Abuse Detection Program		★
Member Handbook	★	
Quality Assurance Programs	★	★
Disease Management Programs		★
Utilization Management Decision Process		★
Benefits and Services (Including Recent Updates)		★
Pharmacy Benefits and how to use		★
Co-Payment Information		★
Web-Based Physician Directory	★	★
Web-Based Hospital Directory	★	★

### Need

#### Transportation?

Did you know that we offer FREE Van Transportation to and from your primary care visit? Schedule a ride today!

### Contact Us

**Phone:**  
1-888-JAI-1999

**Mail:**  
301 International Circle  
Hunt Valley, MD  
21030

**Hours of Operation:**  
Monday - Friday,  
9am to 6pm