

JAI MEDICAL SYSTEMS

Summer Healthbeat

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A Message from the Director of Customer Service: Don't Lose Your Health Insurance Benefits this Summer!

Thank you for being a member of Jai Medical Systems, the Highest Rated MCO in Maryland. We value your membership and want to ensure that you do not have a lapse in coverage. To ensure that you maintain your health insurance benefits with Jai Medical Systems, please renew your benefits before your eligibility end date.


To renew your eligibility today, please visit the Maryland Health Connection online at www.marylandhealthconnection.gov. You may also schedule an appointment today to meet with a Navigator or Certified Application Counselor. For more information or to schedule an appointment with a Navigator or Certified Application Counselors, please call our Customer Service staff today at 1-888-JAI-1999. If you have a disability and need to renew your benefits, please contact your social worker right away.

Application Counselor Services are available at the following participating medical centers:

Jai Medical Center 5010 York Road Baltimore, MD 21212	Jai Medical Center 4340 Park Heights Avenue Baltimore, MD 21215	Jai Medical Center 1235 East Monument Street Baltimore, MD 21202
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As a reminder, our helpful Customer Service staff is available Monday through Friday, 9 am to 6 pm, to assist with any questions that you may have regarding your benefits, insurance renewal, and with scheduling important preventative care appointments.

Health Education Class Schedule



June 11
Weight Management
10am – 11:15am
Diabetes
11:30am – 12:30pm

June 18
Weight Management
10am – 11:15am
Asthma
11:30am – 12:30pm

Sign up for Health Education Classes today by calling our Customer Service Department at 1-888-JAI-1999.

Should I go to the Emergency Room?

You should go to the emergency room immediately if you are having a medical emergency. An emergency is defined as a health problem that happens suddenly and has symptoms of enough severity, including extreme pain, that the absence of immediate medical attention could reasonably be expected to result in placing your health (or in respect to pregnant women, the health of the woman and her unborn child) in serious jeopardy or serious loss of function to some part of your body. The emergency room is **not** a place to go for everyday medical problems such as the common cold, medication refills, or chronic pain.

If it is not a true emergency, you should call your primary care provider (PCP) for assistance with non-emergent medical matters. If it's during the day, your PCP may tell you to come in the office the same day or suggest an Urgent Care visit with a participating Urgent Care Provider. If it's after regular business hours, you can still contact your PCP.

You may also reach a nurse 24 hours a day, 7 days a week through our *Nurse Advice Line*. To speak directly with a nurse about health-related matters, please call 1-844-259-8613.

Planning for Pregnancy? See Your PCP today!

If you are trying to have a baby or are just thinking about it, it is not too early to start getting ready for pregnancy. Preconception health and health care focus on things you can do *before* and between pregnancies to increase your chances of having a healthy baby.

It is recommended that women schedule an appointment with their Primary Care Provider (PCP) to discuss preconception health care. Your PCP will want to discuss your health history and any medical conditions you currently have that could affect your pregnancy. He or she also will discuss any previous pregnancy related problems, medicines that you currently are taking, vaccinations that you might need, and steps you can take before becoming pregnant to prevent certain birth defects. If you are pregnant or thinking about getting pregnant, and you have not talked with your PCP about this type of care—ask about it now!

For assistance with scheduling an appointment with your PCP, please feel free to contact our Customer Service Department at 1-888-JAI-1999.

Source: <http://www.cdc.gov/preconception/planning.html>

Has your child received their Lead screening?

Lead screening is a very important part of your child's health care. Lead is a poison that can harm anyone who swallows it or breathes it in. Children are most often exposed to lead in the form of lead-based paint when the paint is chipping or peeling, or when exposed to dust contaminated by lead.

Lead is especially dangerous for children under six years old; it can damage their brain, nerves, blood, and other parts of their body. Children can be given a blood test to measure the level of lead in their blood.

It has been recommended that all children be tested at ages 1 and 2 years old. If your child is between 9 months old and 2 years old and has not been tested this year, please visit your child's primary care provider as soon as possible to have them tested. Source : www.cdc.gov

Jai Medical Center opening New Location in Hunt Valley



Jai Medical Center, a participating provider with Jai Medical Systems, is scheduled to open their sixth primary care medical center in June 2016. This will be Jai Medical Center's first location in Baltimore County; located at 301 International Circle in Hunt Valley, MD.

This Jai Medical Center will offer high-quality, comprehensive primary care services to both adults and children, including physicals, sick visits, vaccinations, lab, x-ray, and certified application counselor services. Walk-ins and appointments will be available. For more information about this new location, please call our Customer Service Department at 1-888-JAI-1999.


Sign-up for our Member Portal

As a member of Jai Medical Systems, you are able to sign up for our Member Portal to gain access to exclusive content only available for our members.

For more information, please call our Customer Service Department at 1-888-JAI-1999, Monday through Friday, 9am to 6pm. To visit our member portal, visit our website today at www.jaimedicalsystems.com.

Look on our website for additional information about our:	Member Portal	General Website
Member Rights and Responsibilities		*
Notice of Privacy Practices		*
Fraud and Abuse Detection Program		*
Member Handbook	*	
Quality Assurance Programs	*	*
Disease Management Programs		*
Utilization Management Decision Process		*
Benefits and Services (Including Recent Updates)		*
Pharmacy Benefits and how to use		*
Co-Payment Information		*
Health Assessments		*
Self-Management Tools		*
Web-Based Physician Directory	*	*
Web-Based Hospital Directory	*	*

Important Reminders

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Healthy Rewards 2016. There is still time to receive your Healthy Reward for 2016. See your Primary Care Provider today and mail in your Healthy Reward Redemption Certificate. It is that easy to earn your Healthy Reward!
- Update Your Contact Information.** If you have moved recently and/or have a new phone number or email address, please call our Customer Service Department today at 1-888-JAI-1999 to update your contact information.

Contact Us

301 International Circle
Hunt Valley, MD 21030

1-888-JAI-1999

Hours of Operation:
Monday through Friday
9am to 6pm

www.jaimedicalsystems.com

