

JAI MEDICAL SYSTEMS

Spring HealthBeat

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Healthy Rewards 2016: See your Primary Care Provider today!

Jai Medical Systems, the highest rated Managed Care Organization in the State of Maryland, is happy to announce that **Healthy Rewards 2016** is here! To earn your reward this year, you must receive the following preventive healthcare service:

- Visit your Primary Care Provider (PCP) for your annual physical.

After you have received your physical, please check your mail. You will receive a **Healthy Rewards Redemption Certificate**. You will need to complete this certificate in order to redeem your reward. Please do not wait to see your PCP. Healthy Reward quantities are limited, so schedule your PCP visit today before rewards run out!*

If you have questions about the **Healthy Rewards** program or need to schedule an appointment with your PCP, please call our Customer Service Department today at 1-888-JAI-1999 for assistance.

* Jai Medical Systems Managed Care Organization, Inc. reserves the right to eliminate or reduce incentives/rewards and/or modify or cancel the Healthy Rewards Program at any time without notice. Rewards are not convertible to cash. Limitations and exclusions apply. Offer valid while supplies last. Eligibility to receive a reward is contingent on Jai Medical Systems Managed Care Organization, Inc.'s receipt of confirmation from your PCP that you had your annual visit in 2016.

Health Education Class Schedule

March 12

Weight Management

10am – 11:15am

Hypertension

11:30am – 12:30pm

March 19

Weight Management

10am – 11:15am

Diabetes

11:30am – 12:30pm

March 26

Weight Management

10am – 11:15am

Hypertension

11:30am – 12:30pm

Don't Lose Your Health Insurance Benefits!

Last year, more than 100,000 people lost their Health Insurance benefits. Do not be one of them! You can renew your benefits through the Maryland Health Connection at www.marylandhealthconnection.gov.

You may also schedule an appointment or walk-in **today** to meet with a Navigator or Certified Application Counselor. To schedule or to learn more about Navigator or Certified Application Counselor services, please call our Customer Service Department at 1-888-JAI-1999.

Certified Application Counselor and Navigator services are available Monday through Friday, 9 am to 6 pm, at the following participating medical centers:

Jai Medical Center
1235 East Monument Street
Baltimore, MD 21202

Jai Medical Center
4340 Park Heights Avenue
Baltimore, MD 21215

Jai Medical Center
5010 York Road
Baltimore, MD 21212

Need transportation?

Did you know we offer Van Transportation to and from your primary care visit? Call and schedule a ride today!

Contact Us

1-888-JAI-1999

Hours of Operation:

Monday through Friday,
9 am to 6 pm

Healthcare Tax Information

If anyone in your household was enrolled in Medicaid or the Maryland Children's Health Program (MCHP) through the Maryland Health Connection in 2015, you should have received tax Form 1095-B from the State of Maryland. This form is proof that you or members of your household met the *Affordable Care Act* requirement for health coverage for the 2015 tax year. Please review Form 1095-B to be sure that the information is correct, and then save the form with your other important tax documents. **If you file taxes, you do not need to send this form to the IRS when filing your 2015 taxes.**

If you file taxes for 2015, you will check a box on your tax return to indicate you and/or members of your household had health coverage for 2015. Visit www.marylandhealthconnection.gov for more information on Form 1095-B.

Thank you!

Thank you for choosing Jai Medical Systems, the highest rated managed care organization in the State of Maryland for Quality*. In the month of February, we celebrated YOU, our members as we kicked off our first Member Appreciation Month. As a member of Jai Medical Systems, we hope that you always feel appreciated.

*According to the State of Maryland's Value Based Purchasing Initiative.

CAHPS Survey

As a member of Jai Medical Systems, it is important to complete the CAHPS Survey. In mid-February, you may have received a national survey in the mail called the Consumer Assessment of HealthCare Providers and Systems (CAHPS) survey.

This is your opportunity to tell us how you feel about the medical care and services that you are receiving as a member of Jai Medical Systems.

If you have any questions or need any help, please feel free to contact our Customer Service Department at 1-888-JAI-1999.

Upcoming Enrollment Fairs

You are cordially invited to Jai Medical Systems' Spring Enrollment Fairs. Come enjoy games, entertainment, light refreshments, and live music with radio station **92Q Jams**, while you apply or re-apply for health insurance coverage through the Maryland Health Connection. Please feel free to bring family or friends with you, so that they may apply or reapply for health insurance benefits too.



Friday, March 25, 2016 — 10 am to 1 pm

1235 East Monument Street
Baltimore, MD 21202

Friday, April 29, 2016 — 10 am to 1 pm

4340 Park Heights Avenue
Baltimore, MD 21215

Free Transportation is Available!

For more information or to schedule your appointment, please contact our Customer Service Department today at 1-888-JAI-1999.

Spring into Action: The Importance of Physical Activity

Spring is here. Take advantage of the warm temperatures and sunlight by getting your daily dose of recommended physical activity outside. It has been recommended that children receive 60 minutes of physical activity every day and adults receive 30 minutes of physical activity every day.

Physical activity can be done alone or with friends and family. Fun outside physical activities include playing sports, taking a walk, biking, hiking, and swimming.

Physical activity is important and has been shown to help one maintain weight, reduce high blood pressure, reduce risk for type 2 diabetes, heart attack, stroke, among other things, so make sure that you get active today!

Newsletter Attachments

Preventative Care for Adults

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Wellness for Children

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Fraud and Abuse Memo

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Notice of Privacy Practices



Member Portal Online

As a member of Jai Medical Systems, you are able to sign up for our Member Portal to gain access to exclusive content only available for our members.

For more information, please call our Customer Service Department at 1-888-JAI-1999 Monday through Friday, 9 am to 6 pm.

To visit our member portal, visit our website today at www.jaimedicalsystems.com.

Look on our website for additional information about our:	Member Portal	General Website
Member Rights and Responsibilities		★
Notice of Privacy Practices		★
Fraud and Abuse Detection Program		★
Member Handbook	★	
Quality Assurance Programs	★	★
Disease Management Programs		★
Utilization Management Decision Process		★
Benefits and Services (Including Recent Updates)		★
Pharmacy Benefits and how to use		★
Co-Payment Information		★
Web-Based Physician Directory	★	★
Web-Based Hospital Directory	★	★